

# FIRST STEP FAMILY SUPPORT CENTER CLALLAM COMMUNITY RESOURCES FOR FAMILIES

---

## PREGNANCY/MATERNAL CARE/PARENTING

### **FIRST STEP FAMILY SUPPORT CENTER**

Phone: (360) 457- 8355

Fax: (360) 457-3820

325 E. 6th Street, mailing P.O Box 249, Port Angeles 98362

[www.firststepfamilysupportcenter.org](http://www.firststepfamilysupportcenter.org)

Drop-In Center: Monday – Thursday, 1pm – 4pm

Help is available from a family support social worker, nurse, nutritionist, and a case manager during and after your pregnancy. Many of our services are provided in-home or in-office with a case worker. Our services include:

- ✓ Infant Case Management
- ✓ Maternity Support Services
- ✓ Drop-In Center (Clothing Closet, Books, Healthy Snacks and More)
- ✓ Free Pregnancy Testing
- ✓ Parent-Child Assistance Program
- ✓ Parents as Teachers (Home-Visiting Program)
- ✓ Supported Parenting Program
- ✓ Parenting Classes
- ✓ First Book program
- ✓ Child Passenger Safety Program

All availabilities in this guide subject to COVID restrictions-

### **FAMILY HEALING CENTER**

(360) 452-4870

330 E. 1st Street, Port Angeles, Washington

In-home parent coaching, group parenting classes, court ordered parenting instruction. Helping families develop a solid family foundation in a safe environment that empowers them to grow and become the best parents they can become.

### **OLYMPIC MEDICAL CENTER NEW FAMILY SERVICES**

(360) 417-7652

939 Caroline St., Port Angeles

[www.olympicmedical.org/services/new-family-services](http://www.olympicmedical.org/services/new-family-services)

Lactation support, childbirth education with Kelly Watkins, and baby classes (days and availability vary, please inquire with NFS for accurate times and dates).

### **CLALLAM COUNTY HEALTH DEPARTMENT**

(360) 417-2303

111 E. 3<sup>rd</sup> St., Port Angeles

Immunizations, WIC

### **WIC (WOMEN, INFANT AND CHILDREN)**

Nutrition education, health promotion, supplemental food.

Online at [www.clallam.net/hhs/PublicHealth/wic.html](http://www.clallam.net/hhs/PublicHealth/wic.html)

Port Angeles

(360) 417-2275

111 E. 3rd St., Port Angeles

**Sequim**

(360) 417-2275

583 W. Washington St., Sequim

**Forks**

(360) 374-3121

140 "C" St., Forks

**Lower Elwha Klallam Tribe**

(360) 452-6252

Lower Elwha Wellness Center, 243511 HWY 101 W., Port Angeles

**DEPARTMENT OF CHILDREN, YOUTH, AND FAMILIES (DCYF)**

(360) 565-2240 or 1-866-764-2233

After hours: 1-800-562-5624

Fax (360) 417-1440

TTY: 1-800-833-6388

201 W. 1st Street, Suite 2

**DEPARTMENT OF SOCIAL AND HEALTH SERVICES**

1-800-737-0617

201 W. 1st Street

[www.dshs.wa.gov](http://www.dshs.wa.gov)

**HEALTHY FAMILIES OF CLALLAM COUNTY**

(360) 452-3811 (Crisis Line 452-HELP)

1210 E. Front Street, Suite. C

Protection orders are available here.

**PLANNED PARENTHOOD OF THE GREAT NORTHWEST**

1-800-769-0045

426 E. 8th Street

[www.plannedparenthood.org](http://www.plannedparenthood.org)

Pregnancy testing, emergency contraceptive, STD testing/treatment, birth control, annual exams, abortion services, HIV testing, men's and women's health, patient education

**OBRIA**

(360) 681-8725

675 N. 5<sup>th</sup> Ave. Suite 2B Sequim

[www.obriapnw.org](http://www.obriapnw.org)

**PARENT CHILD INTERACTION THERAPY (PCIT)**

(360) 207-0079

Rachel Hardies (private business)

**OLYCAP**

(360) 452-4726 ext. 6261

228 W. 1st Street, Suite J.

[www.olycap.org](http://www.olycap.org)

Early Childhood Services, Head Start, Early Head Start, Early Childhood Assistance Program (ECEAP).

## **LUTHERAN COMMUNITY SERVICES NORTHWEST PARENT LINE**

**(360) 452-KIDS (5437)**

**2610 S. Francis Street, Port Angeles**

**351 Founders Way, Forks by appointment- (360)461-5911**

**[www.lcsnw.org/program/clallam](http://www.lcsnw.org/program/clallam)**

Referrals and navigation for community resources, basic necessities (food, toiletries, diapers), child check screening and parent coaching, financial literacy and nutrition classes, DSHS and government benefit applications, medical insurance applications, resume and cover letter assistance, on-site laundry facility, community use computer/printer, snacks and beverages, back to school supplies, holiday giving for children.

## **PENINSULA BEHAVIORAL HEALTH**

**(360) 457-0431, (Contact Kathy Stevens ext. 139)**

**PA Office: 118 E. 8th Street**

Contracts with child welfare for classes, professional counseling and home visits.

## **BIRTH TO THREE INFANT AND TODDLER PROGRAM**

**Port Angeles (360) 452-2396,**

**Joyce (360) 374-9340,**

**Forks (360) 374-9340**

**Port Hadlock (360) 379 1315**

This program is for children with a medical diagnosis and/or developmental delays in the areas of gross/fine motor, communication/language, and/or social, emotional, cognitive or adaptive skills. Port Angeles & Joyce, call Family Resource Coordinator, Concerned Citizens.

## **BABY BLUES CONNECTION**

**1-800-557-8375**

**[www.babybluesconnection.org](http://www.babybluesconnection.org)**

Help for pregnant and postpartum moms and dads with depression, anxiety and stress.

## **POSTPARTUM SUPPORT INTERNATIONAL**

**1-888-404-7763**

**[www.perinatalupport.org](http://www.perinatalupport.org)**

Free, understanding, private support and professional referrals for perinatal mood or anxiety disorders

## **PERINATAL PEER SUPPORT GROUP (MOTHERING TOGETHER AND ENTRE MAMAS)**

**(360) 457-8355**

Support for Caregivers, Peer Support, Education and Awareness, a safe place to be heard and reassured. Located at First Step Family Support Center.

## **CJ FIRST CANDLE**

**1-800-221-7437**

**[www.cjfirstcandle.org](http://www.cjfirstcandle.org)**

Safe Sleep, SIDS and Stillbirth Information; grief support.

## **CHILD CARE AWARE**

**1-800-446-1114**

**[www.childcare.org](http://www.childcare.org)**

Help finding childcare

## **TEXT4BABY**

**[www.text4baby.org](http://www.text4baby.org)**

Text BABY or BEBE (Spanish) to 511411.

Receive free messages times for your due date/baby's birthday, along with a free app and appointment reminders.

### **WITHIN REACH**

1-800-322-2588

[www.parenthelp123.org](http://www.parenthelp123.org)

### **CHILDREN WITH SPECIAL HEALTH CARE NEEDS (CSHCN)**

1-866-557-5111

Forks @ (360) 374-3121.

Children birth to 18 years of age who have, or are at risk of having, a serious physical, developmental, behavioral, or emotional conditions; and/or who require health and related services of a type and amount beyond what is generally required and who are WA state residents. Examples of conditions: Asthma, autism spectrum disorder, cancer, cerebral palsy, diabetes, Down syndrome, prematurity, speech/language delay, ADD/ADHD and many more.

## **CLOTHES AND BABY ITEMS**

### **FIRST STEP'S CLOTHING & EQUIPMENT CLOSET**

(360) 457-8355

325 E. 6th Street:

Monday - Thursday, 1pm - 4pm.

### **INDEPENDENT BIBLE CHURCH**

(360) 452-3351

112 N. Lincoln St.

Food bags available & clothing closet

### **SEVENTH DAY ADVENTIST**

(360) 683-7373

30 Sanford Lane, Sequim.

Clothing closet and food available

### **WORKING IMAGE**

(360) 385-0300

1925 Blaine Street, Port Townsend

Provides free clothing to women in need, no matter what their circumstances.

### **FIRST UNITED METHODIST CHURCH**

(360) 452-8971

110 E. 7th Street

Clothing closet

## **MEDICAL & DENTAL CARE**

### **NORTH OLYMPIC HEALTHCARE NETWORK (NOHN)**

(360) 452-7891

240 W. Front St, Port Angeles

[www.nohn-pa.org](http://www.nohn-pa.org)

### **NORTH OLYMPIC HEALTHCARE NETWORK (NOHN) DENTAL**

(360) 912-6759

933 E. 1<sup>st</sup> St, Port Angeles

[www.nohn-pa.org](http://www.nohn-pa.org)

### **LOWER ELWHA HEALTH CLINIC**

(360) 452-6252

243511 Highway 101 W.

[www.elwha.org/departments/lower-elhwa-health-clinic](http://www.elwha.org/departments/lower-elhwa-health-clinic)

### **OLYMPIC PENINSULA COMMUNITY CLINIC**

(360) 457-4431

819 E. Georgiana Street

[www.vimoclinic.org](http://www.vimoclinic.org)

Patient Intake on Mondays from 1pm - 4pm.

Primary medical care, mental health care, and referrals for special care for adults who do not have access to health care. Free to uninsured on a first come, first serve basis.

### **DUNGENESS VALLEY HEALTH & WELLNESS CLINIC**

(360) 582-0218

777 N. 5<sup>th</sup>, Sequim Medical Plaza, Suite 109

To qualify, you cannot have any social benefits or money to pay for services.

### **PLANNED PARENTHOOD OF THE GREAT NORTHWEST**

(360) 452-2954 or 1-800-769-0045

426 E. 8<sup>th</sup> Street

[www.plannedparenthood.org](http://www.plannedparenthood.org)

Pregnancy testing, emergency contraceptive, STD testing/treatment, birth control, annual exams, abortion services, HIV testing, men's and women's health, and patient education.

### **SEA MAR DENTAL CLINIC**

(360) 406-5260

228 W. 1<sup>st</sup> Street

### **JAMESTOWN FAMILY DENTAL CLINIC**

(360) 681-3400

1033 Old Blyn Hwy

[www.jamestowntribe.org/programs/hhs/hhs\\_dental.htm](http://www.jamestowntribe.org/programs/hhs/hhs_dental.htm)

### **OLYMPIC MEDICAL CENTER - CHILDREN'S CLINIC**

(360) 565-0999

433 E. 8<sup>th</sup> Street

### **OLYMPIC KIDS DENTAL**

(360) 457-5437

1417 E. Front Street

### **ABCD (ACCESS TO BABY & CHILD DENTISTRY)**

Call Lisa Jones at (360) 477-6490.

[www.unitedwaykitsap.org/access-baby-child-dentistry-abcd](http://www.unitedwaykitsap.org/access-baby-child-dentistry-abcd)

For children birth through 6 years old living in Jefferson or Clallam County. Linking families with Apple Health to local Dentists.

### **NORTH OLYMPIC HEALTHCARE DENTAL CLINIC**

(360) 912-6759

933 E. 1<sup>st</sup> Street.

[www.nohn-pa.org/about-us/services/dental/](http://www.nohn-pa.org/about-us/services/dental/)

Takes state insurance & offers sliding scale fees.

# EMERGENCY HOUSING

## SERENITY HOUSE FAMILY SHELTER & TRANSITIONAL HOUSING SERVICES

(360) 452-7221

2321 W. 18<sup>th</sup> St PA

[www.serenityhouseclallam.org](http://www.serenityhouseclallam.org)

## THE DROP/YES

(360) 565-5041 ext. 6 or call Jen Mobley (360) 565-6697. Mobile office can come to you or you can visit the Serenity House Office @ 110 E. 7<sup>th</sup> ST, Port Angeles.

Homeless Youth Program that assists people between the ages of 12-24 in all of Clallam County. Helps with housing, financial assistance, rent assistance, utility assistance, obtaining documents for employment, case management, new clothing, hygiene supplies, first & last month's deposit for new housing, mobile meal programs, food, communication tools, basic needs, and transportation.

## ROSE HOUSE OF HEALTHY FAMILIES OF CLALLAM COUNTY

(360) 452-3811

1210 E. Front St # C

# HOUSING

## HOUSING RESOURCE CENTER (PORT ANGELES)

(360) 452-7224 x1

2203 W. 8<sup>th</sup> Street

Sequim: 583 W Washington St.

Forks: 287 Founders Way.

Open from 9am - 12pm and 1pm - 5pm. Assists in finding housing in your area. This is the first place you should check, as The Housing Resource Center helps connect you with all the other areas.

## PENINSULA HOUSING AUTHORITY (FOR CLALLAM AND JEFFERSON COUNTIES)

(360) 452-7631

2603 S Francis

[www.peninsulapha.org](http://www.peninsulapha.org)

Open Monday – Thursday from 9am - 4pm, Friday from 9am - 12pm. On the first Friday of each month, hours are 9am – 4pm.

Applications are available for family housing; 1,2,3, or 4 bedroom apartments; self help; FFF/out of debt USDA; and Section 8 vouchers for TEBRA.

## WILDWOOD TERRACE

(360) 452-7563

934 West Lauridsen Boulevard

Monday, Wednesday, and Friday, 8:30-3:30pm.

## EVERGREEN FAMILY VILLAGE

(360) 452-7224

2203 W. 18th Street

[www.serenityhouseclallam.org/housing](http://www.serenityhouseclallam.org/housing)

Monday-Friday, 8 am-4:30 pm.

## HILLTOP RIDGE

(360) 457-5322

1914 S. Pine Street

Monday-Friday, 9:30 am-2pm.

### **FAIRCHILD HEIGHTS**

**(360) 457-6212**

**2301 W. 18th Street**

Monday-Friday, 9:30 am-4 pm.

Not low-income housing, but takes Section 8.

### **ROSE HOUSE TRANSITIONAL HOUSING (THROUGH HEALTHY FAMILIES)**

**(360) 452-3811**

**Monday-Friday, 9 am-4 pm) or (360)-452-4357 (24-hour line)**

**1210 E Front St Suite C.**

Safe, stable and supporting transitional housing for women and children who have left violent relationships and are on the path of recovering their lives. Housing for up to 12 months. Therapy groups for women and children are provided at no charge.

### **FORKS ABUSE PROGRAM**

**(360) 374-2273** (24/7 crisis line)

**81 S 2<sup>nd</sup> Ave Forks.**

Emergency shelter including food, clothing closet and laundry services.

## **FOOD RESOURCES**

### *Sequim*

#### **SEQUIM FOOD BANK**

**(360) 683-1205**

**144 West Alder Street**

Open Mondays from 1 - 4pm, Fridays and Saturdays from 9am - 12pm.

Need I.D. and proof of address.

Need to live within Sequim school district boundaries.

#### **LUKE'S EPISCOPAL CHURCH**

**5th and Fir**

Wednesdays from 12 - 1pm.

Free soup, salad, bread and dessert

#### **TRINITY METHODIST CHURCH**

**(360) 683- 5367**

**100 Blake Avenue:**

[www.sequimtmc.org](http://www.sequimtmc.org)

Dinner the last Thursday of each month, April through October at 6pm, January through March at 5pm. Call Monday through Wednesday to make a reservation.

#### **MASONIC LODGE TEFAP COMMODITIES**

**(360) 683-5330**

**700 S. 5th Avenue**

3<sup>rd</sup> Thursday of each month from 7am - 10am.

Free food packages from the federal commodities program given to those eligible (must self- identify as at or below 185% of the federal poverty rate.)

#### **FREE SUMMER LUNCH PROGRAM**

**(360) 683-8095**

Free meals for kids and teens under 18. Call to confirm times and pick-up locations.

### **SAFEWAY SNAP COUPON**

#### **680F W. Washington Street**

SNAP shoppers that have Safeway Rewards accounts will receive \$5 coupons for every \$10 SNAP dollars spent on fruits and vegetables (fresh, canned, or frozen). Not currently working at self-checkout.

### **FARMERS MARKET FRESH BUCKS**

#### **Sequim Farmer's and Artisan Market (SFAM) Civic Center Plaza, N. Sequim Avenue**

Market shoppers using SNAP will receive an additional a \$1 for \$1 match up to \$40 (\$20 from SNAP, \$20 from Farmer's Market). Stop by the Market Booth for more information.

### **SCHOOL WEEKEND MEAL PROGRAMS**

**(360) 565-3703**

Contact Merrin Packer @ [mpacker@sequimschools.org](mailto:mpacker@sequimschools.org)

**(360) 582-3251**

Friday food bags of weekend meals for students from Sequim Food bank available through the school year and summer. For school year bags, please refer to school counselors or call. For summer bags, please call for distribution sites.

### ***Port Angeles***

#### **INDEPENDENT BIBLE CHURCH**

**(360) 452-3351**

**112 N. Lincoln Street**

1<sup>st</sup> & 3<sup>rd</sup> Wednesday of the month from 10am-2pm

Food bags & clothing closet open

#### **PORT ANGELES FOOD BANK**

**(360) 452-8568**

**632 N. Oakridge Dr**

Open Wednesdays from 11am – 2:30pm, Fridays and Saturdays from 10am – 1pm.

Drive-through or walk-up. Need I.D. & proof of address.

#### **SALVATION ARMY SOUP KITCHEN**

**(360) 452-7679 @ 206 S. Peabody**

Free breakfast 8-9 am, lunch Monday-Friday, 12-1 pm.

#### **SALVATION ARMY FOOD BANK**

**(360) 452-7679 @ 206 S. Peabody**

Tue & Thurs, 2-4 pm.

#### **FIRST UNITED METHODIST CHURCH**

**(360) 452-8971**

**110 E. 7th Street**

Free meal, Fridays at 5:30 pm.

#### **ST. MATTHEW LUTHERAN CHURCH**

**(360) 457-4122**

**132 E. 13th Street**

Free meal, Wednesdays at 5:00 pm.



## **TAFY CENTER**

**(360) 670-4363**

**826 E. 1st Street Port Angeles**

Mon, Wed, Fri, 3-7 pm, Sat, 4-7 pm.

Helps people up to the age of 35. There is no minimum age. They have showers and a washer and dryer available, and can offer some financial assistance for certain needs. Hot food served daily, cold food available (ramen, peanut butter, granola bars, etc...) Mon, Wed, Fri, 3-7 pm, Sat, 4-7 pm.

## **LUTHERAN COMMUNITY SERVICES NORTHWEST**

**(360) 452-5437**

Mondays 10am – 12pm, Thursdays 1pm – 3pm.

Emergency food pantry. Please call ahead.

## **SNAP BASIC FOOD PROGRAM**

**(877) 501-2233**

**DSHS Community Service Office**

**201 W 1st Street**

[www.washingtonconnection.org](http://www.washingtonconnection.org)

Mon- Fri 8 am – 5 pm. Apply online for SNAP EBT Basic Food benefits, to submit your review or report change. Apply by phone during business hours at listed phone number.

## **SCHOOL WEEKEND MEAL PROGRAMS**

Friday food bags of weekend meals for students from Port Angeles Food Bank. Students eligible for free /reduced lunch can talk to school counselors or the secretary to sign up. Break bags of groceries are available for winter and spring breaks, parents sign up and arrange pick up at the Port Angeles Food Bank.

## **FREE SUMMER LUNCH PROGRAM**

**(360) 683-8095**

Free meals for kids and teens under 18. Call to confirm times and locations.

## **SAFEWAY SNAP COUPON**

**110 E. 3<sup>rd</sup> St and 2709 E. Hwy 101**

SNAP shoppers that have Safeway Rewards accounts will receive \$5 coupons for every \$10 SNAP dollars spent on fruits and vegetables (fresh, canned, or frozen). Not currently working at self-checkout.

## **FARMERS MARKET FRESH BUCKS**

**Port Angeles Farmer's Market, 133 E. Front St**

Market shoppers using SNAP will receive an additional a \$1 for \$1 match up to \$40 (\$20 from SNAP, \$20 from Farmer's Market). Stop by the Market Booth for more information.

## **FOOD PANTRY AND EMERGENCY FOOD BAGS**

**(360) 452-5437**

**301 Lopez Street**

Monday - Thursday 8am - 4pm; Friday 8am - 2pm.

Please call ahead so someone can be available to help you. Two-day supply of emergency food available from Holy Trinity Lutheran Church.

## **PENINSULA BEHAVIORAL HEALTH**

**118 E. 8<sup>th</sup> Street**

Sundays from 12pm - 1pm.

Free lunch served in the Multi Use Room.

## **PORT ANGELES FOOD NOT BOMBS**

Jessie Webster "Tree Park" on S. Eunice and 3<sup>rd</sup> Street

2<sup>nd</sup> and 4<sup>th</sup> Saturdays of every month

Hot meals and take-home pantry items are available.

### ***Lower Elwha Klallam Tribe-***

#### **LOWER ELWHA SOCIAL SERVICES**

**(360) 452- 8471 ext. 7450**

**3080 Lower Elwha Rd**

Tribal TANF, General assistance, ICW, Family advocacy, LIHEAP, Food Bank, emergency food vouchers, clothing closet, etc.

### ***Neah Bay-***

#### **MAKAH TRIBAL FOOD BANK**

**(360) 645-2154**

**40 Resort Drive**

Regular Food distribution. Call for hours and to assess eligibility.

### ***Forks-***

#### **SNAP BASIC FOOD PROGRAM**

**(877) 501-2233**

**DSHS Community Service Office, 421 5<sup>th</sup> Ave.**

[www.washingtonconnection.org](http://www.washingtonconnection.org)

Monday- Friday 8 am – 5 pm. Apply online for SNAP EBT Basic Food benefits, to submit your review or report change. Apply by phone during business hours at listed phone number.

#### **FORKS COMMUNITY FOOD BANK**

**(360) 640-8211**

**181 Bogachiel Way**

Tuesday and Thursday from 3 – 5 pm.

#### **FEEDING FIVE THOUSAND**

**(360) 370-4093**

**Forks Community Center, 91 Maple Ave.**

Every Tuesday from 12 -2 pm

#### **SCHOOL WEEKEND MEAL PROGRAM**

**(360) 374-6262 ext. 213**

**Berlinda James [berlinda.james@gvschools.org](mailto:berlinda.james@gvschools.org)**

Weekend backpack program of weekend meals for students, administered through Readiness to Learn School District program. Accepting referrals from school or local service agency staff members to confirm need.

### ***Blyn-***

#### **JAMESTOWN S'KLALLAM TRIBAL FOOD BANK**

**(360) 681-4636**

**Zaccardo Rd**

Monday\_ Friday 8 am – 5 pm.

Open to enrolled Jamestown citizens, descendants and other Native Americans living in the area. Drop-in or appointment.

*Clallam Bay-*

**NEW HOPE FOOD BANK**

(360) 963-2424

13693 Highway 112, Sekiu, WA

Every 2nd and 4th Wednesday from 10 am – 12 pm.

*La Push-Quileute Tribal*

**QUILEUTE FOOD DISTRIBUTION PROGRAM**

(360) 372-2147

<http://quileutenation.org/human-services/commodities/>

USDA Food Distribution Program on Indian Reservations provides food to meet nutrition levels for those eligible.

**FOOD PANTRY PROGRAM**

((360) 374-2147

Contact Bonnie Jackson: Monday- Friday 8 am – 4 pm.

Located at Quileute Commodities Warehouse, food provided to those living on Quileute Reservation or Quileute enrolled.

## **CRISIS/EMERGENCY SERVICES**

**OLYMPIC COMMUNITY ACTION PROGRAMS**

(360) 452-4726

228 1st St (In Armory Square Mall)

[www.olycap.org](http://www.olycap.org)

Monday-Friday, 8 am-4:30 pm.

Help with housing, energy assistance, medical, and dental.

**AMERICAN RED CROSS**

(360) 457-7933

151 Ruth's Place, Sequim.

[www.redcross.org/where/chapts.asp](http://www.redcross.org/where/chapts.asp)

Monday-Friday, 10 am-4 pm.

**SALVATION ARMY**

(360) 452-7679

206 S. Peabody

[www.salvationarmyusa.org/usn](http://www.salvationarmyusa.org/usn)

Monday-Friday, 8:30 am-3:45 pm.

**SEQUIM ST. VINCENT DE PAUL**

(360) 683-2112 24 hour hotline.

**PORT ANGELES ST. VINCENT DE PAUL**

(360) 457-5804: Helpline.

**MANNA**

(360) 457-3954

139 W. 8th St

Thurs, 9:30 am-2 pm:

Must be a Port Angeles resident. Help with emergency bills such as utilities, propane, background checks, birth and marriage certificates, class support at Peninsula College, court appointed class fees, credit screening, driver's license, state ID cards, laundry, medications, storage unit fees, work clothes, monthly bus passes.

### **SEQUIM COMMUNITY AID**

**(360) 681-3731**

24 Hour hotline. Help with P.U.D., rent & water.

### **THE CRISIS LINE**

**(360) 452-4500**

118 E. 8th St: 24 hour crisis help.

### **HEALTHY FAMILIES OF CLALLAM COUNTY**

**(360) 452-3811**

1210 E. Front Street Suite C

[www.healthyfam.org](http://www.healthyfam.org)

Monday-Friday, 9 am-4 pm.

### **T.A.F.Y. CENTER (THE ANSWER FOR YOUTH)**

**(360) 670-4363**

826 E. 1st Street

Mon, Wed, Fri, 3-7 pm, Sat, 4-7 pm.

Providing emotional and spiritual help to at risk people, ages 13-35. There is no minimum age. They have showers, a washer & dryer available, & can offer some financial assistance for certain needs.

## **TRANSPORTATION**

### **THE BUS-CLALLAM TRANSIT SYSTEM SERVICES**

**(360) 452-4511**

[www.clallamtransit.com/aboutparatransitservice](http://www.clallamtransit.com/aboutparatransitservice)

## **ADDICTIONS**

### **ALCOHOLICS ANONYMOUS**

**(360) 452-4212**

[www.aa.org](http://www.aa.org)

### **AL ANON**

**(360) 452-6973**

[www.al-anon.org](http://www.al-anon.org)

### **NARCOTICS ANONYMOUS**

**(360) 477-9367 24 hour hotline**

[www.nopasc.org](http://www.nopasc.org)

### **THE CRISIS LINE**

**(360) 452-4500**

### **OLYMPIC PERSONAL GROWTH**

**(360)-681-8463**

390 E. Cedar St, Sequim 98382

Monday-Thursday 9 am-5 pm

### **CEDAR GROVE RECOVERY SERVICES**

**(360) 452-2443**

221 N. Race Street

Mon – Fri 1:30-4:30 pm

### **JAMESTOWN S'KLALLAM CHEMICAL DEPENDENCY CENTER**

(360) 681-4625 ext. 625

### **KLALLAM COUNSELING**

(360) 452-4432

243613 Hwy 101 W

### **PENINSULA BEHAVIORAL HEALTH**

(360) 457-0431

118 E. 8th Street

Mon – Fri, 8 am - 5 pm.

### **REFLECTIONS COUNSELING**

(360) 452-4062

3430 E. Hwy 101

Monday-Friday, 9 am-5 pm.

### **INFORMATION ABOUT SMOKING DURING PREGNANCY:**

[www.cdc.gov/reproductivehealth/MaternalInfantHealth/TobaccoUsePregnancy/index.htm](http://www.cdc.gov/reproductivehealth/MaternalInfantHealth/TobaccoUsePregnancy/index.htm)

### **RESOURCES FOR QUITTING SMOKING:**

[www.doh.wa.gov/ForPublicHealthandHealthcareProviders/HealthcareProfessionsandFacilities/ProfessionalResources/TobaccoCessationResources](http://www.doh.wa.gov/ForPublicHealthandHealthcareProviders/HealthcareProfessionsandFacilities/ProfessionalResources/TobaccoCessationResources)

### **INFORMATION ON THE QUIT SMOKING LINE:**

[www.dshs.wa.gov/sites/default/files/ALTA/stakeholders/documents/duals/toolkit/Washington%20State%20Tobacco%20Quit%20Line.pdf](http://www.dshs.wa.gov/sites/default/files/ALTA/stakeholders/documents/duals/toolkit/Washington%20State%20Tobacco%20Quit%20Line.pdf)

### **MAT PROGRAMS**

North Olympic Health Network @ (360) 452-7891

Olympic Medical Center @ (360) 565-0999

Jamestown Clinic @ (360) 683-5900.

### **QUITNOW.NET**

Live chat and support.

## **DOMESTIC VIOLENCE/SEXUAL & CHILD ABUSE**

### **DOMESTIC VIOLENCE CRISIS LINE**

1-800-799-7233 or (360) 452-4500

[www.thehotline.org](http://www.thehotline.org)

### **MARIPOSA HOUSE (AKA FORKS ABUSE)**

(360) 374-6411

81 2<sup>nd</sup> Ave Forks

<http://www.mariposahouse.org>

Shelter for intimate partner and domestic violence. Housing Support legal advocacy, legal referrals for people who have experienced any crime. Protection orders, Prevention Education for parents and younger kids.

Advocacy for parents whose children have been victimized.

### **HEALTHY FAMILIES OF CLALLAM COUNTY**

(360) 452-3811

1210 E. Front Street Suite C

[www.healthyfam.org](http://www.healthyfam.org)

Monday-Friday, 8 am-5 pm

### **PENINSULA COMMUNITY BEHAVIORAL HEALTH**

(360) 457-0431

118 E. 8th Street

Mon – Fri, 8-5 pm.

### **CHILD PROTECTIVE SERVICES**

866-764-2233 (24-Hour intake line), 360-912-8440 (Office)

201 W. 1st Street Suite 2

<https://www.dcyf.wa.gov/parent-resources/child-protective-services>

Monday-Friday, 10 am-4 pm.

### **WEST END OUTREACH**

(360) 374-5011

530 Bogachiel Way in Forks

[www.forkshospital.org/weSuitendoutreach/index.html](http://www.forkshospital.org/weSuitendoutreach/index.html)

Monday-Friday, 8 am-5 pm.

## **CHILDREN'S DEVELOPMENTAL CONCERNS/SCREENINGS**

### **FIRST STEP FAMILY SUPPORT CENTER**

(360) 457-8355

325 E. 6th Street

[firstStepfamilysupportcenter.org](http://firstStepfamilysupportcenter.org)

Drop-In: Monday-Thursday, 1-4 pm

Many programs available.

### **PORT ANGELES SCHOOL DISTRICT CHILD FIND/SPECIAL SERVICES DEPARTMENT**

(360) 565-3740

216 E. 4th Street

[https://portangelesschools.org/departments/special\\_services/special\\_education/child\\_find](https://portangelesschools.org/departments/special_services/special_education/child_find)

Monday-Friday, 8 am-5 pm.

### **MOUNT ANGELES VIEW HEAD START**

(360) 452-8496 @ 2321 S. Francis Street: Monday-Friday, 8 am-4:30 pm

Port Angeles Head Start: (360) 457-6963 @ 2203 W. 18th St: Monday-Thursday, 8 am-4:30 pm. Mailing address to returning applications

### **OLYMPIC COMMUNITY ACTION PROGRAMS, EARLY CHILDHOOD SERVICES**

228 W. 1st Street, Suite J, Port Angeles, WA 98362.

Questions? Call (360) 452-4726.

### **SEQUIM HEAD START**

(360) 582-3709

224 N. Sequim Avenue.

### **EARLY HEAD START – LOWER ELWHA TRIBE**

(360) 452-5105 @ 463 Stratton Rd.

Monday-Friday, 8:30-4pm.

### **SEQUIM SCHOOL DISTRICT**

(360) 582-3260

503 N. Sequim Avenue

[www.sequim.k12.wa.us](http://www.sequim.k12.wa.us)

Monday-Friday, 7:30 am-4:30 pm

### **LUTHERAN COMMUNITY SERVICES NORTH WEST**

(360) 452-5437

2634 S. Francis (PA)

Please contact Amanda Sanders @ (360) 452-5437 or [asanders@lcsnw.org](mailto:asanders@lcsnw.org)

Child Check is a free screening program available to every child in Clallam County between the ages of 18 months to five years old, to verify that your child is ready for Kindergarten.

### **CONCERNED CITIZENS EARLY INTERVENTION PROGRAM**

(360) 452-2396, 1-888-493-8198

Contact Janie Achodor at (360) 379-1315 or [jachodor@concernedcitizenspnw.org](mailto:jachodor@concernedcitizenspnw.org).

## **OTHER IMPORTANT CONTACTS**

### **POISON CONTROL**

1-800-222-1222

[www.aapcc.org](http://www.aapcc.org)

### **SUICIDE PREVENTION**

1-800-273-8255, (360) 452-4500, 1-800-843-4793

### **WASHINGTON CHILDCARE AWARE RESOURCES**

1-800-446-1114

[www.childcareawarewa.org](http://www.childcareawarewa.org)

Child Care Aware of Washington Family Center can help you explore your options for quality care.

### **CLALLAM COUNTY WORKSOURCE**

(360) 457-2103

228 W. 1st Street

[www.worksourcewa.com](http://www.worksourcewa.com)

Monday-Friday, 8 am-5 pm.

### **PENINSULA COLLEGE**

(360) 452-9277, Yvette Cline (360) 417-6495

1502 E. Lauridsen Blvd.

[www.pencol.edu](http://www.pencol.edu)

### **PENINSULA COLLEGE FAMILY LIFE EDUCATION**

(360) 417-6530

1502 E. Lauridsen Blvd.

### **WORK FIRST BASIC SKILLS AT PENINSULA COLLEGE**

Laura Brogden (associate dean), (360) 471-6381

Help Desk (360) 417-6296.

### **DSHS DIVISION OF DEVELOPMENTAL DISABILITIES OFFICE**

(360) 501-2233

228 W. 1st Street Suite F

[www.dshs.wa.gov/dda](http://www.dshs.wa.gov/dda)

Monday-Friday, 8 am-5 pm

## **DSHS DIVISION OF VOCATIONAL REHABILITATION OFFICE**

**(360) 912-8315**

**228 W. 1st Street Suite A**

Monday-Friday, 8 am-5 pm.

Vocational services for those with disabilities

## **CONCERNED CITIZENS**

**(360) 452-2396**

[www.concernedcitizenspnw.org](http://www.concernedcitizenspnw.org)

## **FIRE DEPARTMENT**

Port Angeles **(360) 417-4655** or @ E-mail: [pafire@cityofpa.us](mailto:pafire@cityofpa.us) (non-emergency)

Sequim **(360) 683-4242**

Forks **(360)-374-5561**

## **EXPRESS EMPLOYMENT**

**(360) 452-1253, 1128 E. Front Street**

<https://www.expresspros.com/portangeleswa>

Temporary and permanent employment services.

## **BEST (BECOMING EMPLOYED STARTS TODAY) PROGRAM**

**(360) 565-7257**

**Heritage Center, 401 E 1st Street, Port Angeles, WA 98362.**

Supported employment program for Native and non-Native adults 18 and older with mental health diagnosis, including persons with co-occurring mental health and substance use disorders.

# **LEGAL HELP**

## **NORTHWEST JUSTICE PROJECT & CLEAR HOTLINE**

**(360) 452-9137 or 1-888-201-1014**

[www.nwjustice.org](http://www.nwjustice.org)

## **CLALLAM COUNTY FAMILY COURT FACILITATOR**

**(360) 417-2588**

E-mail: [famctfac@olympen.com](mailto:famctfac@olympen.com)

## **CLALLAM-JEFFERSON PUBLIC DEFENDERS**

**(360) 452-3307**

**516 E. Front Street**

[defensenet.org](http://defensenet.org)

Monday-Friday, 8:30 am-4:30 pm

## **PENINSULA DISPUTE RESOLUTION CENTER**

**(360) 452-8024 or 1-800-452-8024**

**319 S. Peabody**

[www.pdrc.org](http://www.pdrc.org)

## **HEALTHY FAMILIES OF CLALLAM COUNTY**

**(360) 452-3811**

**1210 E. Front Street, # C**

[www.healthyfam.org](http://www.healthyfam.org)

Monday-Friday, 9 am-4 pm



## **CLALLAM/JEFFERSON COUNTY PRO BONO LAWYERS**

**(360) 504-2422**

**528 W. 8<sup>th</sup> Street**

**[www.cjcpbl.org](http://www.cjcpbl.org)**

Free Legal Advice and Clinics throughout the year. To receive services, you must first call the CLEAR line at **(888)-201-1014**.

## **COURTHOUSE FACILITATOR**

**(360) 417-2588**

The Clallam County Courthouse Facilitator provides no cost help with court published forms and court procedure (but not legal advice).

## **DROP-IN CENTERS**

### **FIRST STEP FAMILY SUPPORT CENTER**

**(360) 457-8355**

**325 E. 6th Street, Port Angeles**

**Monday through Thursday, 1pm – 4pm**

Baby and child clothing closet, books, healthy snacks, and a variety of resources available.

### **T.A.F.Y. CENTER (THE ANSWER FOR YOUTH)**

**(360) 670-4363**

**826 E. 1st Street**

**Mon, Wed, Fri, 3-7 pm, Sat, 4-7 pm.**

Providing emotional and spiritual help to at risk people, ages 13-35. There is no minimum age. They have showers, a washer & dryer available, & can offer some financial assistance for certain needs.

### **LUTHERAN COMMUNITY SERVICES NORTHWEST**

**(360) 452-5437**

Emergency laundry assistance, personal care, adult socks.

### **FIRST UNITED METHODIST CHURCH**

**(360) 452-8971**

**110 E. 7th Street**

**Clothing Closet: Monday, 12pm – 2pm; Wednesday, 1pm – 3pm; last Friday of the month, 3:30pm – 5:30pm**

**Friendship Dinner: Friday, 5:30pm**

Clothing closet and hot meals.

### **INDEPENDENT BIBLE CHURCH**

**(360) 452-3351**

**112 N. Lincoln Street, Port Angeles**

**1st & 3rd Wednesday of each month, 10am – 1:30pm**

Food bags and Clothing Closet.

### **CARING FOR KIDS CLOTHING CLOSET**

**Contact Jess (360) 461-0426 or Jen (360) 808-2829**

**905 W. 9th Street, Port Angeles. (On the corner of 8th & B)**

**Tuesday and Wednesday, 12pm – 4pm or by appointment.**

Clothing closet for school age children.