

PERINATAL MENTAL HEALTH & SUBSTANCE USE IN THE PERINATAL PERIOD (CLALLAM & JEFFERSON COUNTIES)



TRAINERS: NADEDJA BESPALOVA, MD & LINDA SEGUR (PCAP), VANIA RUDOLF, MD



This training is for Washington state providers who practice IN Clallam and Jefferson Counties. Learn how to effectively identify and screen parents experiencing substance use disorders. This one-day training is appropriate for a range of providers, including OBs, pediatricians, midwives, RNs, social workers, mental health therapists, doulas, public health employees, home visitors, IBCLCs, and more.

6.5 CEUs pending for LICSW, LMHC, LMFT

6.5 Contact Hours approved for RNs

Provider approved by the California Board of Registered Nursing, Provider Number 17084 for 6.5 contact hours.

Topics include:

- Learn about the co-occurring mental health and substance use disorders in the perinatal period.
- Learn how to screen and talk about substance use disorder in the perinatal period.
- Learn Motivational Interviewing skills to aid in conversation about screening and next steps for parents using substances.
- Learn how to make trusting relationships with a trauma informed lens parents using substance.
- Understand Neonatal Abstinence Syndrome (NAS) the interventions and support options for infants and parents.
- Learn about new initiatives in child welfare to better support parents accessing resources they need.

Friday, May 6, 2022 9am - 5pm

Registration: <https://perinatalsupport.org/event/perinatal-mental-health-substance-use-in-the-perinatal-period-clallam-county/>

Questions: training@perinatalsupport.org

***** Free for providers in Clallam & Jefferson Counties through a grant from the Department of Children, Youth, and Families.**

Perinatal Support Washington (PS-WA) is a statewide non-profit committed to shining a light on perinatal mental health to support all families and communities. We believe all parents should receive appropriate, timely, and culturally relevant care from conception to baby's first birthday.



Washington State Department of
CHILDREN, YOUTH & FAMILIES